

**Berkeley Parks & Recs Presents - Family Fitness with BKM Bootcamp**



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**Starting:** October 22nd; **4 Week Program**  
**Days:** Monday & Wednesday  
**Time:** 6:45pm - 7:45pm  
**Where:** Berkeley's Civic Center - 6120 Madison Ave  
**Costs:** \$10/Person  
Let's Get Fit.....Bring Your Mat & Water Bottles  
**Registration Deadline:** Friday, October 18th

**REGISTER NOW!**

**By Emailing Us At: [BerkFamFitness@gmail.com](mailto:BerkFamFitness@gmail.com)**

**BKM Bootcamp** - has helped over 100 people lose over a 100 pounds! You can too!

